

SENATE OF SERAMPORE COLLEGE
Rules and Regulations relating to the
DIPLOMA IN CLINICAL PASTORAL COUNSELLING (Dip.C.P.C.)

PART-I

I. GENERAL INTRODUCTION:

1. Historical Note:

Serampore College was founded by William Carey, Joshua Marshman and William Ward in 1818, at Serampore or Fredericknagore, then a Danish Settlement. In 1827 the College was incorporated by a Royal Charter granted by King Frederick VI of Denmark with university rights and immunities and the power of conferring degrees. In 1845, on the transfer of the Settlement of Serampore from Denmark to Great Britain provision was made by the British Government in the Treaty of Purchase for the continuance of the chartered rights, immunities and powers of the College. In 1910 and the subsequent two or three years a re-organisation of the College was effected. In 1915 the Convocation of Serampore College was held and the Degree of Bachelor of Divinity (B.D.) was conferred for the first time under the Charter of Incorporation of the College. In 1916 the Diploma of Licentiate in Theology (L.Th.) was conferred for the first time. In 1918 the Bengal Act No. IV of 1918, called the Serampore College Act, was passed by the Bengal Legislative Council, and was published in the Calcutta Gazette of the 1st May of that year. By the Act, the Council of Serampore College was enlarged and the Senate of Serampore College was constituted on a basis that represented various Christian communities in India, its members being appointed by the Council. In March 1919, the first session of the Senate of

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Serampore College was held, and in August of the same year the first Theological College to be affiliated to Serampore College was received by the Senate into affiliation. At the Convocation held in January, 1930, the degree of Doctor of Divinity (D.D.) (*Honoris Causa*) was conferred for the first time. In 1949 the location of the Council of Serampore College was transferred from London to Serampore, India, and later in the year the Degree of Master of Theology (M.Th.) was instituted and the Degree was conferred for the first time at the Convocation held in January, 1950. At the meeting in January 1962, the Senate had voted to offer courses in two more degrees. They are: Bachelor of Religious Education (B.R.E.) and Master of Religious Studies (M.R.S.). The first batch of students in these courses sat for their examination in the Summer of 1964.

At the 1969 Senate meeting, the Senate voted to upgrade the L.Th. Diploma course by making it a four-year course called Bachelor of Theology Degree (B.Th.). In 1983 it was made a three year programme. In 1985 the Senate introduced a programme of continuing theological education for pastors and Christian workers leading to the Degree of Master of Ministry (M.Min.) with a view to strengthen the professional dimensions of their ministries. In 1989 the Diploma in Christian Studies (Dip.C.S.) was introduced for the benefit of people of all faiths to study Christianity as a religion,

to understand its faith, history and practices through private study. In the year 1990 the Degree of Bachelor of Christian Studies (B.C.S.) was introduced to provide the laity with an in-depth understanding of Christian faith and deepen their commitment to service in the context of their vocations. In the year 1997 the Senate introduced the Degree of Doctor of Ministry (D.Min.) as a professional doctoral degree in the Christian Ministry for Pastors and other church workers with a view to create opportunities for continuing Education and Formation through reflection on ministerial experience. In 2001, the Senate introduced the Diploma in Clinical Pastoral Counselling (Dip.C.P.C.) to provide skills for pastors and others to engage in the healing ministry of the church in the congregations, institutions and in the society in general.

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2. Serampore College (Teaching) and Serampore College (University):

In the development of Serampore College subsequent to 1910 the teaching activities of the College were organised in two Departments, Arts and Science Department and Theology Department. For its work in the Arts and Science Department the College as a teaching institution is affiliated to the University of Calcutta. The Theology Department functions directly under the College. The College exercises its rights and powers as a University through the Senate, powers which have been extended to include Theological Colleges and Seminaries affiliated to the Senate of Serampore College. The College in its teaching aspects is referred to as Serampore College (teaching). In its capacity and functions as University incorporated by Royal Charter, with affiliated Colleges and external students, and exercising the power to grant degrees, it is referred to as the Senate of Serampore College (University). Throughout these Regulations the term Senate of Serampore College means the College in the latter sense, and has reference to the interests, concerns and activities of the College as a University. It is in the administration of the University functions of the College the Senate of Serampore College operates.

3. Affiliation of Colleges:

The Senate of Serampore College desires that the services of Serampore College as a University should be available to all theological institutions that wish to become an integral part of the University as affiliated Colleges, and that are willing and able to fulfil the conditions necessary for such affiliation.

Applications for affiliation may be made at any time to the Senate through the Registrar of the Senate by the Governing Body of a theological Institution seeking affiliation.

Details concerning the conditions of affiliation and the responsibilities of affiliated Colleges may be obtained from the Registrar of the Senate.

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4. Degree and Diploma granted by Serampore College (University):

Serampore College (University) confers the Diploma in Clinical Pastoral Counselling (Dip.C.P.C.), Degree of Bachelor of Theology (B.Th.), and Bachelor of Religious Education (B.R.E.), Bachelor of Divinity (B.D.), Master of Theology (M.Th.), and Doctor of Theology (D.Th.) through its internal programme. It confers through the external programme the Diploma in Christian Studies (Dip.C.S.), the Degree of

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Bachelor of Christian Studies (B.C.S.), the Degree of Master of Ministry (M.Min.) and the Degree of Doctor of Ministry (D.Min.). Serampore College also confers the Doctor of Divinity (D.D.) degree *Honoris Causa*.

5. Preamble:

In the context of stress and strain experienced by persons, families and communities following rapid social change and consequent collapse of support systems in the Indian society, the Senate of Serampore College offers the Diploma in Clinical Pastoral Counselling to the Church so that those among its ranks, lay and ordained, may be equipped to participate effectively in the healing ministry of the church through theologically and psychologically sound training in counselling.

(a) **Clinical:**

The word "Clinical" in the title of this diploma programme highlights the intention to equip the trainees to offer formal and systematic counselling service to the general public in an institutional setting. The setting may be that of a parish, counselling centre, hospital, educational institution or social work programme. Clinical does not exclusively refer to the hospital setting.

(b) **Pastoral:**

"Pastoral" in the title of this diploma programme refers to the pastoral quality of the counselling ministry and not to the ordained status of the counsellor.

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The Pastoral quality of the Counselling is derived from the counsellor's (i) own identity with the totality of ministry of the Church and (ii) an awareness of God's active presence in the counselling situation between the *counselee* and the *counsellor*.

6. Objectives:

The objectives of the Diploma in Clinical Pastoral Counselling are:

- (a) To provide an understanding of healing and wholeness from a Christian perspective;
- (b) To provide an awareness of and sensitivity to the various areas of need for healing;
- (c) To provide with disciplinary approach in dealing with issues in healing;
- (d) To impart skills in Pastoral care and Counselling;
- (e) To enable the development of attitudes and sensitivity to relate oneself in depth to those in need;
- (f) To develop and enhance the inner strength and potential capabilities required for personal growth;

- (g) To help, recognize and utilize the spiritual resources;
- (h) To help understand Biblical vision of the church as the healing community and thereby enter creatively into the healing ministry of the Church;

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- (i) In all these, to emphasize the centrality of Christ while being sensitive to the religious plurality and spiritual traditions of India.

II. CURRICULUM

A. Structure of the Course:

There shall be 9 (Nine) compulsory courses and not less than 2 (Two) optional courses. The compulsory courses shall be of 60 hours length and the optional courses 40 hours. (Three hours per week and two hours per week respectively.) Learning shall be through lectures, role-plays, peer counselling, observing the counselling work of trainers and Counselling in real life situation. "Learning by doing" shall be the predominant pedagogical principle.

The counselling work of the students shall be supervised by trainers through review of verbatims, case studies and with the help of audio and /or video tapes of live sessions.

The supervisory sessions will focus on enhancing personal awareness in the trainee and on improving Counselling skills. Opportunities shall also be available to trainees to do Counselling for themselves.

B. (i) Compulsory Courses (9 Courses)

- DCPC-1 *Introduction to Clinical Pastoral Counselling*
 - DCPC-2 *Biblical and Theological Bases of Clinical Pastoral Counselling*
 - DCPC-3 *Introduction to Personality Theories*
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- DCPC-4 *Introduction to Schools of Counselling and Psychotherapy*
 - DCPC-5 *Human Development and Counselling during Development Stages*
 - DCPC-6 *Marriage and Family Counselling*
 - DCPC-7 *Crisis Counselling*
 - DCPC-8 *Counselling the Addicts and the HIV/AIDS Infected*
 - DCPC-9 *Psychopathology and Counselling the Mentally and Physically ill*

B. (ii) Optional Courses (2 Courses minimum)

DCPC-10 *Ministry to the Differently Abled Persons*

DCPC-11 *Ministry to the Aged*

DCPC-12 *History of Medicine, Medical Terminology and Medical Ethics*

DCPC-13 *Healing ministry and the Sacramental Life of the Church*

(Required optional for pastors)

DCPC-14 *Counselling and Gender Issues*

DCPC-15 *Counselling Children with Special Problems*

DCPC-16 *Management Skills.*

B. (iii) Project - 5000 words:

The following guidelines shall be observed in Preparing the Project.

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The Project should be contextually relevant and academically sound. It should reflect a specific activity in which a candidate is involved in counselling in clinical and pastoral situations and indicate the positive results than providing mere statistical data or report.

C. Mode of Study and Evaluation:

The centre/college shall evaluate the candidate's work through verbatims, book reviews, examination and supervision of the Counselling situations for a maximum of 500 marks, whereas the Senate will evaluate the four Comprehensive Examinations and the Project for 500 marks, for a total of 1000. The internal assessment must be through group assessment. There must be more than one person involved in the process of assessment.

D. The Comprehensive Examinations conducted by the Senate will cover the following group of courses:

DCPC-1 Biblical & Theological Foundations of
and Clinical Pastoral Counselling
DCPC-2

DCPC-3 Theories of Personality and
and Psychotherapy
DCPC-4

DCPC-5 Care and Counselling through Human
and Life Cycle
DCPC-6

DCPC-7

DCPC-8 Counselling in Crisis Situations

and
DCPC-9

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College	(a) 30 Verbatims	300
	(b) Book Review	100
	(c) Optional Papers	100
Senate	(d) 4 Comprehensive Examinations	400
	(e) Project	100
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Total Marks		1000

III. ADMISSION REQUIREMENTS FOR THE Dip.C.P.C., Course:

1. Prior to admission a candidate should have-

- (a) passed the B.Th./B.D. Degree of Serampore College or its recognised equivalent (academic)
- (b) completed 3 years in Pastoral Ministry (professional)
- (c) passed the Entrance Test and Interview conducted by the Institution approved by the Senate (aptitude).

OR

2. A person who holds a Bachelor Degree of a University and had completed at least three years of work experience or involvement in some form of Lay Ministry of the Church as determined by the admitting institution and subject to passing the aptitude test as under 1(c).

Other Requirements:

The candidate shall be in residence during the entire study period and shall not accept any other responsibility other than those assigned by the Centre. The Institution or persons directly responsible or appointed to supervise may require a candidate to be in attendance any time during the practical training.

3. Entrance Test:

The Admitting Institution shall be responsible to design a suitable test and interview the candidate to assess his/her aptitude for study and recommend only such candidates that qualify for registration to the Diploma. The Entrance Test shall be conducted in the month of March each year.

4. Registration for the Course:

A candidate who fulfils the admission requirement should register for the course by 15th June each year through the Institution. Late registration will be accepted till 31st June subject to payment of late fee.

5. Length of the Course:

The length of the Diploma Course is one full academic year (11 months) commencing from 15th June and ending with 15th May of the following year.

The maximum time allowed to complete the Diploma is two years and subject to recommendation by the admitting Institution.

6. Senate Examinations:

The Senate Comprehensive Examinations will be held in the first half of May following Registration. The Institution shall be responsible to enter the candidate for the Senate Examination subject to completing the course requirements satisfactorily and submitting the record of the candidate to the Senate not later than 1st April each year.

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In case the record is not complete, such a candidate shall be permitted to write the examination on the recommendation of the college/centre. The final result of the candidate will be declared subject to fulfilling all the course work and passing the Comprehensive Examinations.

7. Centre for examinations:

The colleges and centres recognized by the Senate to offer the programme shall be the only recognized centres for conducting the Senate Examinations.

8. Withdrawal or Absence from Senate Examination:

A candidate who withdraws from the Senate examination or is absent shall forfeit the Examination fee. A re-examination will be conducted only if recommended by the enrolling institution in the following year.

9. Maximum and Minimum Number of Papers to be taken:

A candidate shall be expected to take all the Four Comprehensive Examinations at one time and shall get credit only if he/she passes in two papers in the first sitting. A candidate who passes in one paper, shall be expected to re-sit all the four Comprehensive papers in the next sitting within the maximum of two years.

10. Pass and Failure in examinations:

A candidate who fails to complete the course requirements or fails in the Comprehensive Examinations as stipulated under section 9 shall

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be considered as failed and shall be eligible for re-evaluation or examination within the maximum of two years. If a candidate fails to

complete the Diploma within the maximum of two years shall lose his candidature. Such a candidate may re-register for the Diploma and shall not be eligible for any exemption for the work done before.

11. Standard of Pass and Class:

The Minimum Pass Mark in each course or Comprehensive shall be 50%.

12. Results, Marks and Transcript of Record:

- (a) Notification of results of the Annual Examination with grades obtained will be sent to the candidate by the Registrar of the Senate.
- (b) A Transcript of Record giving a candidate's complete record in the Diploma Course may be obtained on application to the Registrar on payment of Transcript fee.

13. Fees:

Registration Fee	300.00
Late Registration Fee	100.00
Examination Fee for each paper	150.00
Late Examination Fee	100.00
Examination Centre Fee	75.00
Marks Fee	25.00
Transcript of Record	150.00
In Absentia Fee	150.00

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14. Issuance of Diploma:

A candidate who successfully completes the requirements of the Diploma in Clinical Pastoral Counselling (Dip.C.P.C.) shall receive his/her certificate by Post after the Convocation of Serampore College (University) the following year.

15. Correspondence:

All communications shall be addressed to the Registrar of the Senate through the Principal or Director of the registering Institution.

IV. DATE OF VALIDITY OF REGULATIONS:

The Regulations relating to the Diploma in Clinical Pastoral Counselling (Dip.C.P.C.) shall be in force from the academic year 2001 CE.
